

The CONNECTION

Your Wylie • Sachse • Murphy Community Magazine

Upcoming Local Events

- *Wylie Championship Rodeo* - Sept. 18 & 19
- *Murphy Maize Days* - Sept. 25 & 26
- *Sachse Fall Fest* - Oct. 10



Sachse Rod Shop

Alisa Swayze
Playing it Safe
Chambers of Commerce

New Name. Bright Future.

Richardson Regional is now
Methodist Richardson Medical Center.



All the same great physicians that you've come to depend on are now affiliated with the place where life shines bright—Methodist Health System. One of Dallas' leading health systems, Methodist has been a beacon of health and hope to North Texas residents since 1927. That same longstanding commitment to the well-being of our communities is now available to our neighbors in Richardson and surrounding communities.

www.MethodistRichardson.org
972-4 DR LINE

The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System.



Specialist in Orthodontics
for Children
& Adults

Member
American Association of
Orthodontists

Michael Fesler, DDS, MS
www.feslerortho.com

240 East FM 544, Suite 98
Murphy, TX 75094 (next to Albertsons)

972-424-2221

Simply Beautiful Smiles

- Advanced Damon System Appliances
- Learn more at www.damonbraces.com
- Most Insurance Accepted
- Flexible Payment Options



BEFORE

AFTER



Ask us about
invisalign
Invisible Aligners

FREE
Orthodontic Exam,
Consultation,
Digital X-Rays &
Photographs
(a \$250 Value to New Patients)



NOW OPEN 7 DAYS A WEEK!
4 PM - 10 PM
3975 PARKER RD. - WYLIE

SALAD • PIZZA
PASTA • SANDWICHES
WINGS • CALZONE
STROMBOLI

FULL MENU ONLINE AT
WWW.NYPZA.COM

We Accept All Competitor's Coupons!

FOOTBALL SPECIAL
FREE PIZZA
During Any Game - Buy 1 Get 1 Free
One coupon per order. Equal or lesser value.
Exp. 10/31/09

MEGA DEAL
SPECIALTY PIZZA
X-LARGE **\$12.99**
LARGE **\$10.99**
Exp. 10/31/09

2 LARGE TOPPINGS
2 L DRINKS
Additional Toppings \$1 Each
\$19.99
Exp. 10/31/09

3 Medium Pizzas w/1 Topping Deal
\$5.55 Each
Exp. 10/31/09

FREE DELIVERY
972-442-3522

Daily



Complete Gynecologic & Obstetric Care for Women of All Ages



Compassionate Care & Treatment of Women's Unique Healthcare Needs

- Routine Pap Smears & Colposcopy
- Routine & High Risk Obstetrics
- Family Planning / Contraceptive Counseling
- Treatment of Infertility
- Hormone Replacement Therapy
- Laparoscopic Gynecologic Surgery
- In Office Endometrial Ablation
- In Office Sonogram
- In Office Lab Services
- Now Offering Gardasil - HPV Vaccine

Charles R. Downey, M.D.

Board Certified in Obstetrics & Gynecology

Allison Mirike - Physician Assistant

Richardson Regional Physician Pavilion 1

2821 E. President George Bush Hwy, Suite 300, Richardson, TX 75082

972-231-9144 www.richardsonobgyn.com

- Same Day Appointments Available
- Medicare & Most Insurance Plans Accepted
- Now Accepting New Patients

North Star

Foot & Ankle Associates, P.A.

Robert Jeffrey Doyle, DPM

- Achilles Tendon
- Ankle Instability
- Ankle Sprains
- Arch Pain
- Arthritis of the Foot & Ankle
- Athlete's Foot
- Bunions
- Burns
- Charcot Arthropathy
- Corns & Calluses
- Custom-Made Orthotics
- Diabetic Care
- Flat Feet
- Foot Drop
- Fractures
- Fungal Toenails
- Gait Evaluation
- Ganglion Cysts
- Geriatric Foot Care
- Gout
- Hammertoes
- Heel Pain/Spurs
- Infections
- Ingrown Toenails
- Injuries
- Limb Length Discrepancies
- Neuromas
- Neuropathy
- Plantar Fasciitis
- Poor Circulation
- Warts
- Wounds

Step Away From Foot Pain

www.northstarfoot.com

972-480-0072

Fax: 972-480-0073

MEDICARE & MOST INSURANCE PLANS ACCEPTED

3600 North Star Rd., Suite 140, Richardson
By Walgreens at Renner & North Star



UNINSURED PATIENTS

\$40 OFF
Your Initial Visit

Includes Consultation & Complete Examination

North Star Foot & Ankle Associates
Richardson • 972-480-0072

With this coupon. No cash value. Not valid with other offers.
Offer expires 10/31/2009

On The Cover



Frank Millsap with Steve Harvey's restored '41 Cadillac - Photo by Anne Hiney

10



Just for fun, find the butterfly! Last issue it was hidden in the quilt shop photo on page 8.

The **CONNECTION**
Your Wylie • Sachse • Murphy Community Magazine

A Wylie Chamber of Commerce Publication
108-A W. Marble | Wylie, TX 75098
Telephone: 972-442-2804 Fax: 972-429-0139
www.wyliechamber.org • info@wyliechamber.org

CHAMBER PRESIDENT	Mike Agnew
ADVISORY BOARD	Susan Dacus
	Lori Whitten
	Monica Vehige
	Tina Stelnicki
	Craig Kelly
ADVERTISING DIRECTOR	Becky Lindstrom
ART DIRECTOR/GRAPHIC DESIGNER	Anne Hiney
CONTRIBUTING WRITERS	Janet Doleh
	Pamela Smith
	Dr. Cesar Torres
	Lori Viillareal
	Lori Whitten

For information about advertising in The Connection Magazine please contact Becky Lindstrom at 214-228-5844 or blindstrom@wyliechamber.org. Story ideas should be submitted to Anne Hiney at theconnection.anne@mac.com.

The Connection is published bimonthly by the Wylie Chamber of Commerce. The Connection is mailed free of charge to over 28,000 households in the Wylie/Sachse/Murphy area and more than 1,000 copies are distributed to local businesses. Contents of this magazine may not be reproduced without written permission from the publisher. Advertisers and advertising agencies assume liability for content of all advertisements. Information published in The Connection is the opinion of the sourced authors. The Wylie Chamber of Commerce does not necessarily share the editorial opinions expressed in The Connection magazine. Personal decisions regarding health, finance and other matters should be made after consultation with the reader's professional advisors.

Occasionally we make a mistake. Let us know if you find one so we can correct it. We welcome your feedback - send comments to info@wyliechamber.org. Thanks!

CONTENTS

September/October 2009 • Volume 4 - Issue 5

FEATURE ARTICLES

10 | SACHSE ROD SHOP

by Pamela Smith

12 | ALISA SWAYZE

A Kid at Heart
by Lori Viillareal

14 | CHAMBERS OF COMMERCE

Bring Out the Best in Our Communities
by Janet Doleh



COLUMNS

6 | CALENDAR

Events in Our Area

16 | LADIES DO LUNCH

Napolis Pizza & Italian Restaurant
by Lori Whitten

18 | MONEY

Can it Buy Happiness?
from Jal Dennis

20 | HEALTH

Playing it Safe
by Dr. Cesar Torres



Voted Best of Wylie!!

by Wylie News readers

Best Chicken Fried Steak
(7 years)

Best Breakfast
(13 years)

Best Home Cooking
(12 years running)



Hard Times Special - \$9.99

Soup or Salad, Entrée, 2 Vegetables, Drink & Dessert

Entrées include: Chicken Fried Steak,
Chicken Fried or Grilled Chicken Breast
and Chicken Fried Pork Tenderloin

Now Open All Week!!

Mon. thru Sat. - 6 a.m. to 8:30 p.m.
Sunday - 7 a.m. to 2 p.m.

972-442-0453

112 N. Ballard Ave. in Downtown Wylie
www.ballardstreetcafe.com



~ Facials ~ Massage
~ Body Treatments
~ Waxing

\$5 off

Any service of an hour or more.

469-226-3020

101 West Oak St.

www.anotherworlddayspa.com

101 West Oak St.
469-226-3020

Expires 10/31/09



**Wylie Printing
&
Office Supply**

Mon. - Fri. 7:30 a.m. - 6 p.m.
Sat. 10:00 a.m. - 2 p.m.

**Professional Full Service Printer
& Complete Business Service Center**

- Competitive Pricing on Color Printing
- Copier Service up to 36"
- Signs and Banners
- Computer Repair

972-442-2111

Public Fax: 972-442-1882

www.wylieprinting.com

graphics@wylieprinting.com

300 S. Hwy 78, Ste. 100, Wylie



SUITES

108 N. BALLARD
(972)429-9400

Complete Hair Care
• Cuts • Perms • Up-Dos
• Color Foil / Highlights
Nail Care
• Manicures / Pedicures
• Solar Nails / Sculpts
• Tips with Overlays
Skin Care
• Facial Treatments
• Waxing / Make-up



PUREOLOGY®

Comprehensive Colour Care
Systems For All Types Of Hair



REDKEN®

Specialized ingredients that
transform hair's inner structure
while dramatically improving
its outer appearance.

15% OFF

Any Retail Purchase

Coupon valid thru Oct. 31, 2009



SUITES

108 N. BALLARD
(972)429-9400

Wylie Sports & Apparel



101 N. Ballard, Wylie, TX 75098
972.461.2772 Fax: 972.461.2773

www.wyliesportsnut.com

- Screen Printing
- Sports Equipment
- School Apparel
- Team Uniforms
- Spirit Wear
- Embroidery
- Letter Jackets & Patches



Allstate

You're in good hands.

Insurance for
Auto, Home,
Business
& Life.

Tomi Brizendine

122 N. Ballard St.
Wylie, TX 75098
972-442-7521

tomib@allstate.com



**Proudly Serving Wylie
for Over 60 Years**

**I N W O O D
N A T I O N A L B A N K**

200 South Hwy 78, Wylie, TX

214•351•7951

Member F.D.I.C.

3 Levels of Tanning Beds
Open 7 Days a Week
UV Free Mystic Tan
No Contracts

**SUN LOUNGE
TANNING STUDIO**

972-941-8181

www.sunloungewylie.com

120 N. Ballard Ave. • Wylie

**BALLARD STREET
School of the Performing Arts**

- Private & Group Lessons
- Voice Training
- Instrument Rental/Sales
- Drama Classes
- The Dance Studio - Ballet, Tap, Jazz, Hip-Hop & Ball Room
- Home School Programs - Special Hours & Rates
- Searching for a Star - searchingforastar.org
- Early Childhood Music Development



(972)429-0047

130 N. Ballard Ave., Wylie
www.ballardmusic.com

**Creating
Local
Jobs**

**Diversifying
Our
Tax Base**



Wylie Economic Development Corporation
972.442.7901 | www.wylieedc.com

SEPTEMBER EVENTS

Sept. 15th - Murphy Chamber of Commerce Monthly Meeting at Woodbridge Golf Club, 11:30 a.m. We are excited to have as our guest speaker, Head Football Coach Bill Howard, Wylie High School Athletic Coordinator. www.murphychamber.net

Sept. 18th & 19th - Wylie Championship Rodeo - 6:30 p.m. start both nights. See ad on page 14 or visit www.wyliechamber.org for more details.

Sept. 19th - You are invited to attend the 6th annual Wylie United Methodist Church Music Fest, a fun evening of great musical talent and tasty BBQ from 5:30-8:00 p.m. The music is free but there is a cost for the dinner. To reserve a dinner, call the church office at 972-442-5835. Our church is located at 1401 FM 1378, Wylie.

Sept. 19th & 20th - St. Anthony's Fall Festival, Sat. 11 a.m. - 8 p.m. & Sun. 11 a.m. - 4 p.m. Events include 5K, BINGO, Games, Vendor/Craft fair, Silent Auction, Raffle, Cake Walk, Cake Baking Contest, and a Great Entertainment line up! 404 N. Ballard in Wylie, www.saint-anthonyfallfest.com.

Sept. 20th - Chili's 1st Annual Volleyball Tournament benefitting St. Jude's Children's Cancer Hospital. 9 a.m. - 2 p.m. If interested please e-mail sanickell@hotmail.com or call Chili's at 972-442-5551 and ask for Sarah or Kelley.

Sept. 22nd - State of the State presentation by State Representative Jodie Laubenberg at the Wylie Chamber of Commerce monthly luncheon. 11:30 a.m. at Woodbridge Country Club, 7400 Country Club Dr., Wylie. Make reservations and pay for lunch online at www.wyliechamber.org. \$15 in advance, \$20 at the door.

Sept. 23rd - Richardson Methodist Health Seminar – Parkinson's Disease - at Noon. This is a brown bag lunch furnished by the Health Center so we must have reservations by calling 972-495-6282 or come to the Senior Center at 3815 Sachse Road.

Sept. 24th - the Murphy Chamber will host a Tri-Chamber Mixer for Murphy, Sachse and Wylie Chamber members on the patio of Cristina's Fine Mexican Restaurant, FM 544 in Murphy Marketplace, 5 - 7 p.m.

Sept. 25th - Sachse Chamber Community Coffee, 8 - 9 a.m. at Sachse Christian Church, 5005 Ben Davis Road in Sachse. www.sachsechamber.com

Sept. 25th & 26th - Murphy Maize Days - see ad below for full details.

Sept. 26th - Bravo Beethoven presented by the Plano Symphony Orchestra. 8:15 p.m. at the Eisemann Center, 2351 Performance Drive, Richardson. Ticket info at www.planosymphony.org.

Sept. 26th - Eco Adventures with canoeing and kayaking in the Heard Museum wetlands. Reservations required. www.heardmuseum.org

Sept. 26th - México 2000 Ballet Folklórico and Dance School 10th Anniversary Celebration featuring 2 separate shows. 1 p.m. Show: "Fiestas de México" tickets \$15 & \$18; 7 p.m. Show: "Mi Tierra" tickets \$22 & \$28; at The Granville Arts Center, 300 North 5th St. at Austin St. in Downtown Garland. Contact Alex Palencia 972-429-1082, http://mysite.verizon.net/resu5szz/mex2000/id5.html or www.mexico2000.net for more info.

Sept. 26th - Children's Bike-a-Thon - Bring your children 2nd grade and younger



MURPHY
MAIZE DAYS

ADMISSION IS FREE

Maize Days

SCHEDULED EVENTS

Friday the 25th
6:00pm - 9:00pm

- Chili & Cornbread Cookoff
- Karaoke Corn Idol Contest
- Square Dancing
- Scarecrow Contest

Saturday the 26th
10:00am - 8:30pm

- Market Day
- Kidzone
- Gasoline Alley Car Show
- Corn Cook-Off
- Live Music
- Gary P. Nunn
- Fireworks (start @ 8:15pm)

September 25th – 26th
CITY OF MURPHY MUNICIPAL COMPLEX

Headliner – Gary P. Nunn

ALSO – Darryl Lee Rush, Austin Cunningham
Becca Dalrymple, and Randy Hopper

HOURLY DRAWINGS FOR AUTOGRAPHED GARY P. NUNN HATS AND TEES

Good old-fashioned fun for the whole family

WE THANK OUR SPONSORS



Murphy Monitor
4B CORPORATION



Murphy Chamber of Commerce
Ballard Street
Music Company

Murphy Messenger
First Southwest Company
Oncoor Electric Delivery
State Farms – Jon Lashbrook
7-11 – North Murphy Road
Birkhoff, Hendricks
& Conway LLP

to ride the course. Enjoy bounce houses and register your bike with the Wylie Police Department. Please bring non-perishable food items to be donated to the Wylie Christian Care Center. If you are interested in participating or making a cash donation, please contact Lezie Wiederhold 972-442-5835. Wylie United Methodist Church 1401 FM 1378, Wylie.

OCTOBER EVENTS

Oct. 1st - the Dinosaurs Alive! exhibit returns to the Heard with a new twist featuring nine life-sized, scary animatronic dinosaurs along the nature trails. www.heardmuseum.org

Oct. 2nd - 2009 Tiger Tournament benefiting In-Sync Exotics Wildlife Rescue and Education Center. 8 a.m. shot gun start. The Golf Club Castle Hills, 699 Lady of the Lake Boulevard, Lewisville, Texas 75056 www.thegolfclubch.com

Oct. 3rd - Wylie United Methodist Church Community Garage Sale, 7 a.m. – 3 p.m. Come Rain or Shine! Drop off items Sept. 27 – Oct. 2. The church is located at 1401 FM 1378, Wylie (across from Dodd Elementary). Call for more info, 972-442-5835.

Oct. 5th - 7th Annual Senior Health Expo 10 a.m. - 1 p.m., Family Life Center at First Baptist Church of Wylie, 100 N. First St., Wylie, 972-442-2261. Free Health Screenings, Free Eye Exams, Free Lunch, Free Flu Shots for... 55+seniors (Medicare card required) for non-Medicare seniors, Flu Shots for \$24.99 ** Entertainment, Health Vendors & Door Prizes. Come join us for a fun day!

Oct. 5th - AARP "55 Alive" Safe Driving class – 9 a.m. to 1 p.m. at the Sachse Library. You may sign up by calling the Senior Center at 972-495-6282. AARP members - \$12.00 (bring your membership card) Non-members - \$14.00.

Oct. 9th-11th - The Heard Museum's Fall Plant Sale. www.heardmuseum.org

Oct. 10th - Sachse Fall Fest in Heritage Park, 10 a.m. - 4 p.m. See page 15 for more details. www.sachsechamber.com

Oct. 10th - Fire Prevention Open House - 11 a.m. - 4 p.m. Murphy Fire Dept., 206 N. Murphy Road, Murphy, TX 75094

Oct. 10th - Dove Award Winner Mitch McVicker in concert at Gateway Community Church, 7 p.m. Rita Smith Elementary School, 2221 FM 1378, Wylie. For more info call Rick Moore at 214-395-4018 www.gatewayonline.org, www.mitchmcvicker.com

Oct. 13th - Sachse Chamber Networking Luncheon - 11:30 a.m. - 1 p.m. at Northplace Church, 2709 3rd Street,Sachse. RSVP at www.sachsechamber.com. \$15 in advance, \$20 at the door and for non-chamber members.

Oct. 13th - Murphy Chamber 2nd Tuesday Business Card Exchange at Saxbys Coffee in Murphy Marketplace, 7:30 a.m. www.murphychamber.net

Oct. 13th - National Night Out - From 7 to 10 p.m., residents are asked to turn on their outside lights and spend the evening outdoors with neighbors. Those wanting to organize block parties or HOA events should contact Lt. Marty Cassidy at 972.495.2271, ext. 204 or at mcassidy@cityofsachse.com. The Sachse Police will help provide assistance and materials to make local events a success.

Oct. 15th - City of Murphy - Bulky trash pickup. Have all items out by your curb the night before. If you have any questions regarding other items to be picked up please visit our website at murphytx.org or call the Customer Service Center at 972-468-4100.

Oct. 17th - Sachse's 4th Annual Pumpkin Prowl FREE at Heritage Park, 4408 Hudson Drive, Sachse at 6 p.m. The Great Pumpkin will hide miniature and prize pumpkins for children ages 10 and under. The fun will continue with hayrides, games and refreshments featuring hot chocolate and apple cider for the entire family.

Oct. 17th - Symphonic Showstoppers presented by the Plano Symphony Orchestra. 8:15 p.m. at the Eisemann Center, 2351 Performance Drive, Richardson. Ticket info at www.planosymphony.org.

Oct. 18th - Blessing of the Animals – Animals hold a special place in many of our hearts. Come to a service to bless the special animal in your life. Bring your pets on a leash or in a crate. Please bring pet toys or pet food, which will be donated to the Wylie Animal Shelter. The service begins at 4:00 followed by refreshments. Wylie United Methodist Church 1401 FM 1378 Wylie 75098. 972-442-5835.

~ continued



SALE

50 YR WARRANTY

HAND SCRAPED

1/2" MAPLE

ENG. WOOD

INSTALLED

\$6.99* / s.f

* PLUS TAX AND SHIPPING—Sale ends 6-30-09

REMODEL - FLOORING - WATER/FIRE - COMMERCIAL

DESIGN CENTER
SHOWROOM

6404 Hwy 78
Sachse, TX 75048

972.675.0405

www.WilliamsContractingDFW.com

PARKER ROAD VETERINARY HOSPITAL


24 Years of Dedicated & Caring Service to Wylie and the Surrounding Area



Dr. Kerin



Dr. Wallis



Dr. Abraham

FULL SERVICE MEDICAL & SURGICAL CARE

SMALL ANIMALS & HORSES

5000+sq.ft. Hospital Facility

- IN HOUSE COGGINS LABORATORY
- 24 HOUR EMERGENCY SERVICE



One mile north of Downtown Wylie
2nd Veterinary Hospital
on Parker Rd.
(Next to the Water Tower)



www.parkerroadvet.com

707 Parker Rd • Wylie • 972-442-6523



SOUTHWESTERN CHIROPRACTIC
AND WELLNESS CENTER

Common Conditions Successfully Treated by Chiropractic

• Subluxation	• Shoulder pain
• Degeneration/Arthritis	• Tennis elbow
• Disc Herniations	• Hip Pain
• Sciatica	• Knee pain
• Neck pain	• Foot & Ankle pain
• Migraine Headaches	• Fibromyalgia
• Sinus Headaches	• Whiplash
• Tension Headaches	• ADHD
• Carpal Tunnel	• Scoliosis

972-429-8228 southwesternchiropractic.com
2610 W. FM 544, Ste. 200 • Wylie, TX 75098

Present this ad for
\$35 First Visit
(\$205 Value)
Includes consultation, exam, x-rays (if needed), and report of findings.



Expires 10/31/09

WISD Bond Election - Early Voting

October 19-23: 8 a.m. - 5 p.m.

October 24: 7 a.m. - 7 p.m.

October 25: 1 - 6 p.m.

October 26-30: 7 a.m. - 7 p.m.

Election Day - November 3rd

Go to www.wylieisd.net for voting location information.

Oct. 18th - 31st - Pumpkin Patch - Thinking about cool fall weather and decorating with orange? Come purchase a pumpkin for Halloween at Wylie United Methodist Church, 1401 FM 1378 Wylie 75098. 972-442-5835.

Oct. 20th - Murphy Chamber of Commerce Monthly Meeting at Woodbridge Golf Club, 11:30 a.m. Business networking event. www.murphychamber.net

Oct. 23rd - Annual FREE Flu Vaccines for seniors 65+, will be given at the Laurie Schwenk Senior Activity Center from 9:30 a.m. to 2:30 p.m. 3815 Sachse Road, Suite B Sachse. This will be repeated November 23, if you miss this date. (972) 495-6282

Oct. 23rd - Dodd Elementary Carnival, 6-9 p.m. Everyone welcome, adults are FREE, \$7 admission for children over the age of 3, wristband required to play games and for face painting. Additional cost for food, dunking booth and pie throw. Silent Auction in school library and canned food drive. Dodd Elementary, 1500 Park Blvd. Wylie

Oct. 24th - Wylie Women's League 2nd Annual Fall Festival. For booth information contact: Stacey Daniel - 469.964.7425 or daniel21@verizon.net. Children's Activity Area, with Bounce House, Pumpkin Patch and more. More info: www.wyliewl.org Location: East Fork Mason Lodge; Time: 9 a.m. - 4 p.m.

Oct. 24th - Murphy Explorers Fundraising Golf Tournament, 1:30 p.m. at Oak Ridge Country Club, Garland, TX. Contact Murphy PD at 972/468-4200 for more info.

Oct. 24th - Sachse's Fishing Derby will be held at the Park Lake Park Community Pond, 9 a.m. - noon. FREE! Pro angler Jeff Kirkwood will be on hand to instruct young fishermen in the proper fishing technique. Prizes will be awarded for biggest catch, most fish caught, and smallest catch. The Sachse Parks and Recreation Department will treat the fishermen to hot dogs and drinks while they go for the "big one".

Oct. 24th - Halloween at the Heard. Kids will have the opportunity to trick-or-treat along the Dinosaurs Alive! trail, participate in a costume contest, and watch a movie in the Heard's outdoor amphitheatre. www.heardmuseum.org

Oct. 25th - Trunk or Treat - Looking for a fun, safe place to take your children to trick-or-treat? 4 - 6 p.m. Enjoy trick-or-treating trunk style, hay rides and carnival games. Wylie United Methodist Church 1401 FM 1378 Wylie 75098. 972-442-5835.

Oct. 27th - Wylie Chamber of Commerce monthly luncheon. 11:30 a.m. at Woodbridge Country Club, 7400 Country Club Dr., Wylie. Make reservations and pay for lunch online at www.wyliechamber.org. \$15 in advance, \$20 at the door.

Oct. 29th - Wylie Downtown Merchants Association Trick-or-Treating, Boo on Ballard St. from 6 - 8 p.m. Put on your costumes and bring the whole family downtown to enjoy this annual Halloween celebration.

Oct. 30th - Sachse Chamber Community Coffee, 8 - 9 a.m. at Sachse Christian Church, 5005 Ben Davis Road in Sachse. www.sachsechamber.com

WYLIE'S RITA AND TRUETT SMITH PUBLIC LIBRARY EVENTS

Wylie's Smith Public Library is located at 800 Thomas Street, Wylie 972-442-7566.

Wagging Tales:

Sept. 17th, Oct. 1st & Oct. 15th - New readers are invited to practice their reading skills with Abby the Collie. Abby is a Delta Society trained pet partner and will be at the Smith Public Library. Participants can practice their reading skills while reading to Abby in a non-judgmental setting. For additional info contact Ofilia at 972-442-7566.

Between Book & Movie Club:

Sept. 24th - 4th & 5th graders are invited to discuss Charlie & the Chocolate Factory by Roald Dahl, watch scenes from the movie and enjoy snacks. The first 15 kids to sign up will get a free copy of the book.

Oct. 22 - 4th & 5th graders are invited to discuss The Water Horse by Dick King-Smith and David Parkins, watch scenes from the movie and enjoy snacks. The first 15 kids to sign up will get a free copy of the book.

Teen Library Council Meeting:

Oct. 8 from 5 - 6 p.m. to decide on teen programs, give feedback on the teen collection and discuss their favorite reads. All teens (6th-12th grade) are welcome!

Wednesday Morning Story Time

Big Kids Story Time: Ages 3-5 are invited to listen to books, flannel stories and songs at 9 a.m. or 11 a.m. on Wednesday's.

Wee Read Story Time: Babies and Toddlers ages 0-2 are invited to listen to books, flannel stories and song at 10 a.m. on Wednesday's.

Story Time Dates & Themes: **Sept. 2** - All About the Library, **Sept. 9** - Let's Go on a Picnic, **Sept. 16** - Dynamic Dragons, **Sept. 23** - Autumn is here, **Sept. 30** - What a Mess! **Oct. 7** - Yes and No, **Oct. 14** - Under Construction, **Oct. 21**- Down on the Farm, **Oct. 28** - Let's Pretend Halloween.

Author's Express Festival: Ages 18 & Up

During the month of September the Smith Public Library, Sachse Public Library and Barnes and Noble - Firewheel are teaming up for an "Author's Express Festival"!

Sept. 21st - Adults are invited to the Smith Public Library to meet Maria Lima, a paranormal romance writer at 7 p.m.. Maria is the author of Matters of the Blood and is the sister of our Technical Services Librarian, Laura Condit. For additional information call Donna at 972-442-7566. <http://authors.simonandschuster.com/Maria-Lima/64020977/books>

Sept. 22 - Adults are invited to the Sachse Public Library to meet William Manchee, a well known Young-Adult and Science Fiction author at 7 p.m.. <http://www.williammanchee.com/>

Sept. 24th - Adults are invited to the Barnes and Noble - Firewheel Mall at 6 p.m. to meet Frank Luksa, a writer for the Dallas Morning News and the author of several books about the Dallas Cowboys. www.dallasnews.com/sharedcontent/dws/spt/columnists/fluksa/bio.htm

Sept. 24th - Adults are invited to the Wylie Community Center at 7:00 p.m. to meet Robert-Rummel Hudson. Robert is the author of Schulyer's Monster: A Father's Journey with His Wordless Daughter. <http://www.rummelhudson.com/>

Sept. 28th - Adults are invited to the Sachse Public Library at 7:00 p.m. to meet Bob Huffaker and Bill Mercer, the authors of When the News Went Live.

The 4th Monday Book Club (ages 18 & up)

Oct. 14 - The 4th Monday Book Club will be going to Spring Creek Community College for the appearance of Matthew Pearl, the author of The Poe Shadow. For complete details contact Donna at 972-442-4566.

Oct. 26 - The 4th Monday Book Club will meet at the Smith Public Library at 7 p.m. to discuss The Poe Shadow by Matthew Pearl. This is the title selected by the Collin College Book-in-Common author series. For additional info contact Donna at 972-442-4566.

Wylie Friends of the Library:

Oct. 15th - The Friends of the Rita & Truett Smith Public Library are having their monthly meeting on at 6 p.m. in the Bluebonnet Room. To celebrate the groundbreaking of the new 43,934 sq. ft. library, membership fees are currently half price and a free library bag comes with your membership!

SACHSE LIBRARY EVENTS

Visit www.cityofsachse.com for a listing of Sachse Library Events. Sachse Library is located at 3815 Sachse Road, Building C, Sachse 972-530-8966

Every Wednesday - Wylie Chamber of Commerce Business Card Exchange, Woodbridge Golf Course club house, 7400 Country Club Dr., Wylie. Network and promote your business from 8 - 9 a.m. For more info call 972-442-2804 or visit www.wyliechamber.org.

The Wylie Farmers Market is held the 1st and the 3rd Saturday of each month from 7 a.m. - 1 p.m. offering fresh fruit, vegetables, handmade crafts, gourmet foods, etc. in the empty lot between Quick Response Computers and the Farmers Ins. building in Historic Downtown Wylie. Contact: Ellie Hughes 972-408-8561 or twistedpepper@verizon.net. •

Tell me about it.....

To submit your special event to the **November/December** community calendar send an e-mail to theconnection.anne@mac.com **no later than October 15th**. Please include contact name, date(s), time(s), location, a publishable phone number, e-mail and/or web site for information. Only events that are open to the public (no "members only" events) are eligible, as space permits. THANKS!

www.firestonecompleteautocare.com

completely unbeatable service.

972-530-3719
5660 Lavon Dr. (Hwy 78)
Next to CVS Pharmacy at Murphy Rd.

972-941-8370
2961 W. FM 544
Next to Collins Bros. Jeep in Wylie

M-F: 7am-7pm, Sat: 7am-6pm, Sun: 9am-5pm

Standard Oil Change

\$10 OFF

Install new oil filter, refill up to 5 quarts Kendall® synthetic blend motor oil

Most vehicles. Save off regular price.

See store for complete description and details. Redeem this coupon at your participating Firestone Complete Auto Care store. Not to be combined with another offer on same product or service and not to be used to reduce outstanding debt. No cash value. Offer void where prohibited.

Shop fees in the amount of 6% of labor charges will be added to invoices greater than \$30. These fees will not exceed \$25 and represent costs and profits. Shop fees not applicable in CA or NY.

Expires 10/31/09

Brake Service

\$40 OFF

Install new brake pads, resurface rotors, inspect brake components

Most vehicles. Save off regular price.

See store for complete description and details. Redeem this coupon at your participating Firestone Complete Auto Care store. Not to be combined with another offer on same product or service and not to be used to reduce outstanding debt. No cash value. Offer void where prohibited.

Shop fees in the amount of 6% of labor charges will be added to invoices greater than \$30. These fees will not exceed \$25 and represent costs and profits. Shop fees not applicable in CA or NY.

Expires 10/31/09

Wheel Alignment

\$15 OFF

Inspect steering and suspension, align to manufacturer's specifications

Most vehicles. Save off regular price.

See store for complete description and details. Redeem this coupon at your participating Firestone Complete Auto Care store. Not to be combined with another offer on same product or service and not to be used to reduce outstanding debt. No cash value. Offer void where prohibited.

Shop fees in the amount of 6% of labor charges will be added to invoices greater than \$30. These fees will not exceed \$25 and represent costs and profits. Shop fees not applicable in CA or NY.

Expires 10/31/09

Confused About Where To Invest?

General & Cosmetic Family Dentistry

One of the best investments you can make is quality dental care that works great and lasts!

Wylie Dental Associates is here to serve you.

- Most established dental practice in Wylie serving over 3 generations for 20 years!
- Committed to top notch, quality care
- Takes time to listen to YOU and your needs
- Doesn't "skimp" by using cheap materials
- Works with your budget

Your Dental Care is our first priority!

Charles D. Stetler, D.D.S., F.A.G.D.

Melody A. Stampe, D.D.S., F.A.G.D.

We are now Cigna Dental Providers!

972-442-2515
wyliedental.com
611 W. Brown St. • Wylie, TX

Sachse Rod Shop

By Pamela Smith of Wylie

DALLAS RESIDENT JERRY BRANDENBURG TOILED on his 1934 Ford Coupe for a few years. This special car was a gift to himself in 1970 after joining his company's antique car club. Jerry's retired now, but other time commitments kept him from moving along on his precious antique. That's when he decided to bring in the professionals at the Sachse Rod Shop

If you're a fan of nostalgic cars or a long-time Sachse resident, you may have stopped in at the Sachse Rod Shop. If not, just look closely and you'll notice a small sign advertising the shop tucked behind the shadow of trees just in front of the owner's home, opposite of Sachse High School.

The shop specializes in building customized cars with 1948 and older body styles. Servicing is also available as



Roneida and Jerry Brandenburg with their 1934 Ford Five-Window Coupe

waste your time. They have quality workmanship. I personally would vouch for what they do."

In 1970, Jerry and his wife, Roneida, paid only \$675 for the used car. Today, the car provides an enjoyable ride and a fun excuse to travel to car shows. Two years and thousands of dollars later, the coupe is car-show ready. New upholstery, paint, a brand new motor, automatic transmission, power brakes, power steering, air conditioning, a stereo, and a V8 engine, give the antique car all the luxury of a modern-day vehicle. The car is newly remodeled by the hands of Sachse Rod Shop employees.



Performer Steve Harvey's 1941 Cadillac Convertible

Day by day, the shop workers create and piece together parts to construct a customer's dream hot rod. Hard work diligently amassed in an effort to satisfy an aficionado's vision. The owner, like Jerry, credits much of his success to the employees of Sachse Rod Shop, who are dedicated to making their customers' old-time cars into running, modern-day works of art. "People want something different – unique," said owner Frank Millsap of the people who seek the shop's services.

At \$65/hour, the cost to build a hot rod can easily run between \$60,000 to \$300,000 for parts and labor. While the recession impacts business (people are strapped for this level of disposable income), the hot rod demand is still steady. Frank believes that positive word of mouth from satisfied customers keeps the business going. The shop also spreads the word through advertising and participation in three national car shows.

At any given time, there are usually 10-12 cars in the shop. Rebuilding cars take an average of 1-2 years because of detailed customization. "Cars can take more or less time depending on what you start with and what the customer wants," explains Millsap's son and 27-year employee, Mike, who is 45 years old. "I remember a man coming in with only a door handle. We took the handle and built on it to create his dream car."

From Stems to Rods

Frank grew up on a farm in Muskogee, Okla. To support himself through college, he worked at a city park department, which fostered his love of plants. Frank never envisioned the automobile industry as a long-term career. His priority was finishing bachelor's and master's degrees in landscape architecture and horticulture.

After the Millsaps moved to the metroplex in 1974, they decided to buy property for their home in Sachse. The city was largely rural at the time and reminded Frank of the open land in Muskogee. Frank taught horticulture at Richland College full time, but in his off hours he worked on cars for people that he met. "I don't know what got me interested in cars," he said, "but I got into them while I was in college." In 1982, the after-hours hobby turned into an official business.

Frank retired from Richland College in 2002 after 28 years of teaching. After only a few months away from higher education, Frank returned to Eastfield College teaching automotive classes full time. Frank admits that he enjoys both teaching and working on cars. And by working outside of the shop, Frank is able to forego participation in the employee benefits program. This enables the company to provide many benefits not available through most street rod shops.



The Rod Shop's parts department

the automotive side. "I was offered a job teaching, but decided that I wanted to keep working at the shop."

In addition to his biological family, the shop employs seven other workers who bond together like a family. The close-knit group has worked together for a long time and they are committed to making the customers' needs their number-one priority.

On top of teaching and running the shop, Frank stays active in the community. He served on the TIF Board for Sachse, the Comprehensive Master Plan committee and as a co-sponsor of the city's annual Cars Under the Stars car show.

For now, Frank has no plans to retire from teaching or building hot rods. "It's a passion. Something fun to do and it's challenging," Frank said. "I plan to work as long as it's fun," Frank added. "Or he gets fired," his son Mike jokes. •



Junior Fuel Dragster



Concept drawing for Frank Millsap's '49 Studebaker Coupe restoration

Mike Millsap, Eric Anderson, Jim Wall, Brent Calhoun, Wayne Killebrew, Anthony Goodman, Frank Millsap, and Chad White. Not pictured: Mike Mauldin, Mary Lou Millsap

well as an ample supply of parts for enthusiasts bold enough to tackle their own modifications. Opened in 1982, the Sachse Rod Shop is a favorite among street rodders (individuals with rebuilt or upgraded automobiles designed for increased drivability). Patrons of the shop's services and parts come from around the nation and as far away as Australia, Sweden and Germany. The shop's owner boasts about the 1941 Cadillac convertible slated for completion in September 2009 for renowned actor and comedian Steve Harvey.

Aficionados skilled at refurbishing their own cars can find a variety of parts on site. If what you are looking for is not on the shelf, the store can order and ship just about anything you need. If you don't have the time to do your own work, Jerry recommends using the Sachse Rod Shop. "The people that we deal with [at the Sachse Rod Shop] are really good people," Jerry said. "They know and enjoy what they are doing and they don't

Alisa Swayze

A Karate Kid at Heart

by Lori C. Villarreal

"You're never too old" is what Alisa Swayze, Wylie resident, claims after her success at the American Taekwondo Association World Championship. Having accumulated points from competitions all year Alisa competed with the top ten Taekwondo (TKD) students in her age division (50-59 years) and skill level. To her surprise she brought home the gold...and silver and bronze.

Alisa expertly whipped her sahng jeol bong, the Korean nun chuck, out performing her nine other competitors to win herself the gold medal in weapons competition. In her sparring competition she placed second earning herself a silver medal. In the forms competition she won third place acquiring a bronze medal. With three impressive medals around her neck, Alisa Swayze looks every part the champion.

"It was overwhelming," Alisa laughs, "I never expected to pull a World Title." Shocked by her impressive results Alisa confesses to having been "bit by the competition bug" after just a short time of enrollment. Six-months after her start in TKD she started competing and after winning a house tournament she claims she was "bit".

According to Alisa, her husband, Ken Swayze, is proud of her accomplishments and perseverance. "He thinks I'm crazy," says Alisa. Her involvement with TKD has gone far beyond what either of them expected. Alisa confesses, "I set out to lose some weight and get fit. The treadmills and exercises classes just couldn't hold my attention." Alisa's "why not" attitude prompted her to try something new, TKD.

Excited about the prospect of getting fit and learning a new skill Alisa has participated in TKD for 3 ½ years now. With encouragement from her instructors Master Joy Walker and Mr. Ron Walker, owners of Taekwondo USA & Karate for Kids, Alisa has earned her first degree black belt.

When asked about her goals in participating in TKD Alisa says, "I've lost some weight but mostly gained muscle tone. I feel very fit." She agrees her definition of fitness has changed and she has accomplished all the goals she has set out to do. "It feels good to move on to new goals," she says.



Alisa displaying her three metals.




Alisa executes a round kick.

"I want to become a fully certified instructor and continue to add degrees to my black belt."

Alisa seems to have found a new interest. She spends the equivalent of a work day in the gym instructing classes, participating in her own workouts, and spending extra time perfecting her TKD skills. There is a definite spark of enthusiasm when Alisa speaks of her participation in TKD and a hint of surprise as she discusses her new World Titles. Clearly, Alisa is having a grand time. Perhaps that is why she feels "you're never too old". •

Photos by Lori Villarreal

Now Serving Patients In Our New Wylie Office



Dr. Kevin Pollock Dr. Ketan Parekh

Rockwall Oral & Facial Surgery

Trust Wylie's Only Board Certified Oral Surgeon


- Dental Implants
- Wisdom Teeth Extraction
- Cosmetic Facial Surgery
- Oral Cancer
- IV/General Anesthesia
- Snoring/Sleep Apnea Surgery

808 South Ballard Avenue, Suite 120
Southwest corner of Stone and Ballard in Wylie

469-698-9800
www.dentalimplantsurgery.com

Effective treatment for pain and weakness that might be a **NEUROPATHY**

Meet Devanshi Gupta, M.D.
Board Certified in Neurology, Neurophysiology, and Electrodiagnostic Medicine



Have you experienced tingling and numbness, a burning sensation in your hands or feet, or sharp pain in parts of your body with or without weakness? It could be a sign of nerve damage, also called neuropathy.

Millions of Americans suffer from nerve pain, but many people are not properly diagnosed or treated. Many common painful conditions could actually be underlying neuropathies, which are best treated as early as possible for long term relief.

Devanshi Gupta, M.D., of Dallas Neurological Associates offers expertise in neuropathy management. Call today to schedule an appointment.

Dr. Devanshi Gupta completed her neurology residency and served as Chief Resident at the University of Tennessee in Memphis. She also completed a fellowship in clinical neurophysiology and neuromuscular disease and researches these diseases actively. Prior to starting her practice in Richardson, Dr. Gupta worked at Northwest Mississippi Regional Medical Center.

(972) 783-8900
Devanshi Gupta, M.D.
Dallas Neurological Associates
375 Municipal Dr., Ste. 222
Richardson, TX 75080

CHEZ Joeys Gourmet Pizza
We Rise Before You Do
972-424-JOEY
(5639)

Take-Out • Delivery • Dine In

Lunch & Dinner Buffet
Sunday - Friday
11am-2:30pm & 5pm-9pm

Saturday Buffet
All Day 11am-9pm

Kids Eat Free
Every Tuesday & Sunday from 5pm-9pm
(1 child age 4-10 free buffet with the purchase of one adult buffet)

BYOB Team Parties Corporate Deals Fundraising TV, Sports Video Games

We Deliver to Wylie!

1445 Los Rios Blvd. • Plano
At the corner of Los Rios Blvd. & 14th St.

<p>FREE</p> <p>Buffet Meal Buy 1 buffet & 2 drinks. Get the 2nd buffet free With this coupon.</p>  <p>1445 Los Rios Blvd. • Plano • 972-424-5639 May not be combined with other offers. Expires 10-31-09.</p>	<p>\$16.99</p> <p>2 Large, 2 Topping Pizzas Dine in • Delivery • Carry-out With this coupon.</p>  <p>1445 Los Rios Blvd. • Plano • 972-424-5639 May not be combined with other offers. Expires 10-31-09.</p>
<p>Buy a Large Specialty Pizza Get a FREE Large 1 Topping Pizza With this coupon.</p>  <p>1445 Los Rios Blvd. • Plano • 972-424-5639 May not be combined with other offers. Expires 10-31-09.</p>	<p>FREE</p> <p>Buffet for Child age 4-10 With the purchase of adult buffet Not Valid on Tuesdays. With this coupon.</p>  <p>1445 Los Rios Blvd. • Plano • 972-424-5639 May not be combined with other offers. Expires 10-31-09.</p>

LOCAL CHAMBERS OF COMMERCE BRING OUT THE BEST IN OUR COMMUNITIES

by Janet Doleh

"Let us develop the resources of our land, call forth its powers, build up its institutions, promote all its great interests, and see whether we also, in our day and generation, may not perform something worthy to be remembered."

~ Daniel Webster's words, inscribed in stone in the original U. S. Chamber of Commerce building, constructed in 1925 on land owned by Webster.

Our own local Chambers of Commerce in Wylie, Sachse, and Murphy continue the commitment to excellence inspired by Daniel Webster's words – to use our resources to nurture the success and growth of our businesses and communities. With creativity and good business sense, all three Chambers serve our expanding population in important ways. Here is a look at each one:

Wylie Chamber of Commerce

When Wylie's Chamber of Commerce was formed in 1977, the city's population was about 2,800 and citizens enjoyed life in the country. Over the next thirty years, Wylie grew steadily, and from the year 2000 to 2009, Wylie's population exploded – up 165 percent. Forbes Magazine listed Wylie as the eighth fastest-growing suburb in America in 2007. Today, with about 40,000 residents, Wylie has undergone a fundamental shift from an agrarian economy to a mix of manufacturing and service industries.

The Chamber of Commerce, along with Wylie's Economic Development Corporation, play instrumental roles in bringing businesses to Wylie and helping them succeed.

"The EDC recruits businesses and the Chamber does the 'after-care,'" said Mike Agnew, President of the Wylie Chamber of Commerce. Agnew came to Wylie after a pro-soccer career and several years with the Plano Chamber of Commerce. During his five-years with the Chamber, about 100 new members have joined, bringing the membership to 384 as of June.

"After-care" includes a variety of networking opportunities and community events that help promote local busi-

nesses. "For our members, we have weekly business card exchanges, quarterly after-hours mixers, and monthly luncheons," Agnew said. "We sponsor job fairs and the New Teacher Luncheon, tying business and education together. Networking has a huge value for business owners."

While acknowledging the challenges of the current recession, Agnew is optimistic about the future. "We have a new city hall being built," he said. "Wylie will grow but keep the small town benefits that give us our character. We will look for ways to do more regional things with Sachse and Murphy as well. It's good to see the three cities getting new restaurants and retailers – it keeps our citizens in town for dinner and shopping."

Agnew noted that The Connection magazine, published by the Wylie Chamber, brings the three cities together for the benefit of all, giving businesses a place to advertise and citizens the information they need about local people, places, and events.

Sachse Chamber of Commerce

The Sachse Chamber of Commerce celebrates its twenty-fifth anniversary this year. The current Chairman of the Board of Directors, Anita Collins, has a unique role in Chamber history: she was the notary public for the Chamber's Articles of Incorporation back in 1984.

In the early 1980s, Sachse was a rural town with a population of approximately 1,700. Like Wylie, Sachse has experienced a population explosion that reconfigured the landscape. Almost 19,000 people call Sachse home, and more growth is on the horizon.

Murphy Chamber of Commerce

Six years ago, Murphy's business leaders formed a Chamber of Commerce to nurture and support the rapid growth Murphy was experiencing. Business own-

nity events and projects that enhance Murphy's quality of life.

"When Boy Scout Troop 1812 needed a Charter Sponsor, the Chamber proudly accepted that responsibility," said Marcia Jowers, the City's Director of Communications. "When Liberty Ridge Park was dedicated, the Chamber made a significant donation toward the on-site plaque, and when construction began for Murphy Marketplace, the Chamber worked with the developer to purchase the beautiful Verdin Street Clock that now welcomes all visitors to the signature shopping destination." A bronze plaque acknowledges the Chamber's \$10,000 donation toward acquiring the Howard replica clock.

Each May, the Murphy Chamber hosts a fundraising golf tournament at Woodbridge Golf Club to help fund the Chamber's Scholarship Foundation. In 2009, four scholarships were awarded to Murphy-resident high school seniors.

In September, the Chamber will coordinate a "merchant market" as part of Maize Days, which helps local businesses and restaurants promote their goods and services.

Murphy may be small, encompassing only 3.8 square miles, but the quality of life it offers has spurred population growth to about 20,000. In July 2008, Murphy was rated #7 in the "Best Places to Live" survey of Dallas suburbs. One reason is that the Murphy Chamber provides ways for citizens to form lasting business associations and personal friendships. According to Jon Lashbrook, Murphy's Director of Council and Education, "The future's so bright for the Murphy

Chamber that you're gonna need shades!"

Check out upcoming events and activities by visiting these websites:

www.wyliechamber.org
www.sachsechamber.com
www.murphychamber.org •

www.murphychamber.org



September 26th
10:00 AM to 8:00 PM

206 N. Murphy Rd.
Around the Pond in
front of Murphy City Hall

Market Day for artists, crafters,
businesses and food vendors.
(See ad on page 6 for full details.)

www.murphychamber.org

www.sachsechamber.com



October 10th
10:00 AM to 4:00 PM

Heritage Park
4408 Hudson Parkway,
Behind Sewell
Elementary just off
Miles Road.

Crafts, food vendors, children's
games, entertainment and more!
FREE Admission!

www.sachsechamber.com

ers saw the attractive demographics of Murphy, and Chamber membership quickly grew to 200.

Under the leadership of Chairman Don Wilson, the Murphy Chamber not only offers great networking opportunities for its members, it also brings citizens and businesses together with commu-

The Sachse Chamber of Commerce occupied the most visible city landmark, the red caboose on Hwy 78, from 1997 until 2007. Now the caboose is the city's Small Business Library, and the Chamber has moved to larger quarters at 2924 5th St.

"We call it the White House," said Tina Stelnicki, president. "With additional staff and the need for meeting space, the new facility has proven to be a great addition to the growth of the Chamber."

Stelnicki was hired to be the first full time executive for the Chamber in February 2003. "The Board of Directors budgeted for me to complete the U. S. Chamber of Commerce Institute for Organizational Management program," she said. Before joining the Chamber staff, she had a 15-year career as a computer technician with IBM.

The Sachse Chamber sponsors many networking events for its 260 members and also holds four large annual events: the Annual Awards Banquet and Gala in February, which recognizes chamber member businesses and community leaders for their efforts; the Sachse Sampler and Expo in April; the Cars Under the Stars Show in July; and Fallfest in October. Stelnicki estimates that up to 8,000 people attend Fallfest.

"Our main objective is to create opportunities for our members," Stelnicki said. "We love the social aspect, to have fun while doing business, but in the end we are trying to have a payoff for members that includes helping them gain visibility and more monetary success. We are providing ways to build business reputations and better community citizens."

Most exciting for Sachse is the expansion of the 190 toll way district, which will have two exits in Sachse. "This is an opportunity for our city to have high visibility along that stretch of the tollroad," Stelnicki said. With new growth coming and with a new City complex under construction, Sachse's future appears brighter than ever.

There's a New Doc in Town.



CESAR TORRES, MD
Family and Sports
Medicine

Board certified in
family medicine.

Se habla español

METHODIST RICHARDSON MEDICAL CENTER

First Aid Family Care
613 S. Hwy. 78, Suite 200
Wylie, TX 75098
972-941-8700

Please join us in welcoming Cesar Torres, MD, to our neighborhood. Dr. Torres is committed to providing you with the best and brightest in health care. Dr. Torres is accepting new patients at First Aid Family Care in Wylie for both routine care and prompt medical treatment for minor illnesses and injuries.

Medical School:

University of Texas Medical Branch at Galveston

Residency:

Memorial Family Medicine Residency Program in Houston

Fellowship:

Methodist Health System Sports Medicine Fellowship Program

Medical Interests:

Adolescent care, emergency medicine, and sports medicine

Personal:

Dr. Torres is a former USA youth national soccer team member. He enjoys attending sporting events and music concerts, as well as traveling to new places.

www.MethodistRichardson.org

Texas Law prohibits hospitals from practicing medicine. Dr. Torres is an independently practicing physician employed by the Richardson Physician Alliance but is not an employee or agent of Methodist Health System or Methodist Richardson Medical Center.

Ladies Do Lunch

We were grinning like fools at Napolis Pizza & Italian Restaurant in Wylie

by Lori Whitten of Poetry & Wylie

Getting ready for school to start, school beginning, rodeo right around the corner, new teacher luncheon and wrap up, July Jubilee Street Dance, meetings, meetings and MORE MEETINGS; wow – what a busy two months – no wonder we just could not find a moment to enjoy each other's company this month. I believe July, August and September might be the three busiest months out of the year – can I get an “amen” from the choir.

From discussion to conception to completion in only 36 hours (man, that was the quickest turnaround time to date) Napolis was decided and we headed in a bee-line never looking back. Thanks Anne for the gentle reminder and thanks also to Leslie (the other L) for joining us, Judy for bringing Jaycee and as always Becky for the special sparkle you bring to lunch. But the biggest thanks of all goes to Romi and Sueanne at Napolis, wow your place is just the therapy needed for slowing it down, taking a deep breath and just relaxing back into normalcy for a small space in time. Plus, we can't forget to mention we missed Stacie dining with us, but she had a good excuse for missing.



– crunchy, buttery and flavorful on the outside and soft, warm and delicious on the inside) to that final bite of rich, moist and oh so decadent – “Death by Chocolate” cake. Our meal started with Caesar and Greek Salads, made around a base of fresh, crunchy romaine and baby romaine lettuce – and the smiles just kept getting bigger. For the main course: Wild Mushroom Ravioli (good call Leslie), Chicken Florentine, Pasta Primavera, and the Combo Plate now we just looked like grinning fools. We



also tried two different types of pizza, one with white sauce and one with red. At this point I should probably mention – we stuffed ourselves. By unanimous consent the Wild Mushroom Ravioli was our favorite, but we could not count

out any of the other dishes, they were all scrumptious. On this day all discussion was about Romi's incredibly creamy, rich and savory cream sauces. This lunch was all about the food and we love when that happens!

Napolis is located at the corner of Highway 78 and Brown. Hours: Tues. thru Thurs. and Sun. 11am to 9pm; Fri. and Sat. 11am to 10pm. If you can't make it to their place, THEY DELIVER; delivery is from 11am to 2pm and then again after

5pm to close – you can find their menu online at napolistx.com.

L and I have known Romi and Sueanne since our restaurant days, and we have always been grateful to them for their support and advice as we struggled along that bumpy path that is being a restaurateur. They truly love what they do and it shows in their food, place, service and selves – thank you for such a wonderful lunch. I hope you will stop in or give them a call, and tell them “the Lunch Ladies sent you”. •



\$10 • • • **\$10**

Vision Source!

CRAIG SCHACHERER, O.D.

303 S. HWY 78, #203, WYLIE, TX 75098

Eye Exams, Glasses, Contact Lenses
Present this ad for \$10 off your bill.

(972) 442-2020

\$10 • • • **\$10**

Art Nails
Professional Nail Care for Women & Men

(972) 429-6315 (W)
(972) 896-2421 (C)

www.Art-Nails-of-Wylie.com

Eye-brow Waxing

401 - C Hwy. 78 N.
Wylie, TX 75098

Mon.-Fri.: 9:30am - 8pm
Sat.: 9:00am - 8pm
Sun.: 12:00pm - 6pm
Walk-Ins Welcome

JIM WALTER Brothers since 1956

Sit 'n' Sleep

Every Texas home needs at least one rustic room.

Stop in at Sit 'n' Sleep today and get the bedroom of your dreams.

★ Rustic furniture
★ The best mattress
★ Linens to complete the look

972-429-4488
403 S. Highway 78, Wylie

Papa Murphy's
TAKE 'N BAKE PIZZA

Voted Best Pizza Chain in America 7 Years in a row!

2009 BEST PIZZA CHAIN IN AMERICA

HAVE YOU TRIED US YET? WYLIE... 972-429-0333

Any Pizza, Any Size!

Receive \$3 off any regular menu priced pizza, any size.

\$3 OFF

Limited Time Offer. Limit 1. Price valid with any other offer. Valid only at participating locations.

Photos by Anne Hiney

Playing it Safe

Reduce the risk of your child being injured

by Cesar Torres, MD

Competitive sports are a great way for kids to get exercise, learn the importance of team work, and develop leadership skills. But no matter how much they benefit from the experience, there's always the risk of getting injured. Children are less coordinated and have slower reaction times than adults. They're often playing against peers who are bigger and stronger. Sometimes they tend to be less cautious because they feel they're invincible.

If your children play sports, take preventive measures so they don't get stuck on the sidelines. First of all, children should get yearly sports physicals to ensure they're medically cleared to play. To avoid strains and sprains – the most common injuries – make sure they stretch and warm up before playing. While easy to overlook, they should always wear appropriate gear when playing sports such as shin guards for soccer, helmets for baseball, and mouth guards for football. Equally important is to stay hydrated during and after physical activity. Lastly, many parents overlook the importance of optimal vision while playing sports. I can't stress this enough: children need proper eyewear, even if this means having them wear contact lenses.

If your child has a pulled muscle or sprain, think RICE – rest, ice, compression, and elevation.

- Rest. Reduce or stop using the injured area for 48 hours. If you have a leg injury, you may need to stay off of it completely.
- Ice. Put an ice pack on the injured area for 15 minutes at a time, three to six times per day. Use a cold pack, ice bag, or a plastic bag filled with ice that has been wrapped in a towel.
- Compression. Compression of an injured ankle, knee, or wrist may help reduce the swelling. These include bandages such as elastic wraps or other devices recommended by your physician.
- Elevation. Keep the injured area elevated above the level of the heart. Use a pillow to help elevate an injured limb.

While most injuries respond well to ice and rest, it's important to see a physician for any injury limiting your child's ability to exercise. By the way, these tips apply to grown-ups, too. Children definitely heal faster than adults when it comes to sports injuries, so I emphasize to adults to pay attention to your body's needs and modify your workouts accordingly, especially as you become older.



2009 © Byron W Moore. Image from BigStockPhoto.com.

One last piece of advice...As a parent, it's a good idea for you to match your child to the right sport, and not push him or her too hard into an activity that he or she may not like or be capable of doing. This will actually help prevent injury from lack of enthusiasm or attention to detail and make game time a winning experience for everyone. •

Cesar Torres, MD, is an independently practicing physician at First Aid Family Care in Wylie, which offers both routine care and prompt medical treatment for minor emergencies. Dr. Torres attended the University of Texas Medical Branch at Galveston and completed his residency with the Memorial Family Medicine Residency Program in Houston. He also completed his fellowship in sports medicine at Methodist Charlton Medical Center. Dr. Torres is board certified in Family Medicine. He is bilingual in English and Spanish. To schedule an appointment with Dr. Torres, call 972-941-8700.

First Aid Family Care is affiliated with Methodist Richardson Medical Center but is not an extension of the hospital including its Emergency Department. First Aid Family Care is staffed by independently practicing physicians employed by Richardson Physician Alliance.



Stacie Gooch Team

Stacie Gooch • Rob Mauga

Residential and Commercial
Buy, Sell, Lease or Investors

The Stacie Gooch Team of realtors is dedicated to client satisfaction. We hold ourselves to the highest ethical standards while working to build your trust as we assist you with buying, selling or leasing commercial or residential real estate. Our business has been built on customer referrals. Service areas include Collin, Dallas and Rockwall counties.



400 Vicki - Wylie

**Beautiful home that has been well maintained and is ready for move in.
Call today for a showing.
3/2/2, 1762 sq ft. - \$144,900.00**

"Have mortgage questions? I have answers!"



Joe Boggs

Phone: (972)918-0404
Mobile: (972)578-2300
jboggs@IntegrityFirstHL.com



www.integrityfirsthl.com



Buyer's/Seller's Agent

**Multi-Million
Dollar Producer**

Consistent Top Ten Agent

**Stacie Gooch
214-728-6425**

**Rob Mauga
214-476-7276**

www.staciegooch.com
stacie.gooch@yahoo.com

"Gooch on the Go"



DO YOU HAVE A FINANCIAL RECOVERY PLAN?

We can help you!

JAL DENNIS GROUP

INVESTMENT SERVICES & WEALTH MANAGEMENT

972-429-0603

FREE Portfolio Reviews

- ***CDs • IRAs • Roths***
- ***Stocks & Bonds***
- ***Mutual Funds***
- ***Tax-Free Bonds***
- ***401(k) Rollovers***

205 S. Ballard Ave. • Wylie, TX 75098

Securities offered through LPL Financial, Member FINRA/SIPC

